

RED WINE

	125ml	175ml	250ml	bottle
MONTE VERDE MERLOT <small>Chile</small> Juicy blackberries	3.10	3.95	5.25	15.25
CABERNET DEL VENETO COLLEZIONE MARCHESINI <small>Italy</small> Lovely berry fruit style with hints of tobacco and a spicy finish	3.50	4.40	6.15	17.75
BERRI ESTATE SHIRAZ <small>Australia</small> Ripe fruit flavours with a spicy dimension	3.80	4.50	6.55	18.95
CHIANTI PICCINI <small>Italy</small> Fabulous, opulent fruit baked under a hot sun with spice and pepper on the back end	3.75	4.90	6.65	19.50
FAUSTINO VII RIOJA TINTO RIOJA <small>Spain</small> A 'sin crianza' Rioja with just a touch of soft oak on the palate to balance the lively fresh fruit of the Tempranillo grape				25.95

ROSÉ WINE

	125ml	175ml	250ml	bottle
BELVINO PINOT GRIGIO <small>Italy</small> A blush Pinot Grigio with good fruit flavours without being too sweet or cloying	3.55	4.60	6.60	18.75
VENDANGE WHITE ZINFANDEL <small>California U.S.A.</small> A beautiful salmon-pink, off-dry rosé with attractive strawberry aromas and fresh zingy acidity	3.65	4.75	6.40	18.75

WE HAVE A WIDE SELECTION OF DRAUGHT AND BOTTLED BEERS

COFFEES

Serving Lavazza, Italy's favourite coffee.
Decaffeinated also available.

	cup	mug
AMERICANO	£2.00	£2.25
CAPPUCCINO Espresso, steamed milk and foamed milk	£2.25	£2.55
CAFFE LATTE Espresso and steamed milk	£2.25	£2.55
MOCHA WITH CREAM Espresso, cocoa, steamed milk and foamed milk	£2.25	£2.55
HOT CHOCOLATE With cream and marshmallows	£2.45	£2.75
ESPRESSO Short and black		reg £1.70
MACCHIATO A shot of espresso with a touch of frothed milk		£1.70
ESPRESSO CON PANNA A shot of espresso topped with whipped cream		£1.70
EST ESPRESSO A shot of warm Disaronno amaretto topped with cream, accompanied by espresso		£4.75
TEA A selection of regular, herbal and fruit teas	pot	£1.85

COCKTAILS £4.25

GIN FIZZ Bombay Sapphire, fresh lime juice and lemonade
SEA BREEZE Finlandia Vodka, cranberry juice and grapefruit juice
GINGER FIZZ Extra dry Martini with ginger ale and fresh lime, served long
ALABAMA Southern Comfort with lemonade and fresh lime
SCREWDRIVER Finlandia Vodka with fresh orange juice
LYNCHBURG LEMONADE Jack Daniel's, Triple Sec and lemonade served with a fresh lemon slice

We accept Visa, MasterCard, Maestro and American Express.
All prices are inclusive of VAT at the current rate. Service charge is at your discretion.
We welcome your feedback please write to us at: Est Bar,
TRG Concessions, 5 – 7 Marshalsea Road, London SE1 1EP
email:concessions@trgplc.com www.trgconcessions.co.uk

EBL07.11

est BAR

BREAKFAST

Served until 11am

SERVED FAST & FRESH FROM OUR COUNTER

GRILLED BACON ^{OR} HERBED PORK SAUSAGE BAP £4.25
Buttered bap filled with either 2 rashers of back bacon or 2 herbed pork sausages

HAM ^{AND} CHEESE CROISSANT £3.75 CHEESE ^{AND} TOMATO CROISSANT £3.55

COOKED TO ORDER IN OUR KITCHEN

Add skin-on fries £1.95

FULL ENGLISH BREAKFAST BAP £4.95
Buttered bap filled with 2 rashers of back bacon, 1 herbed pork sausage and 1 free range fried egg

GRILLED BACON ^{AND} SCRAMBLED EGG WRAP £5.95
3 free range scrambled eggs, fresh baby spinach, plum tomato and 2 slices of grilled back bacon

ROAST MUSHROOM ^{AND} SCRAMBLED EGG WRAP £5.95
3 free range scrambled eggs, fresh baby spinach, plum tomato and roasted mushroom

SUNRISE BEEF BURGER £5.25
4oz beef burger with grilled back bacon and a fried egg

TOASTED SANDWICHES SERVED ON MULTIGRAIN BREAD WITH SKIN-ON FRIES

HAM ^{AND} TOMATO £6.65 CHEESE ^{AND} TOMATO £6.45
Sliced Wiltshire ham with tomato Melted Cheddar cheese with tomato

HAM ^{AND} CHEESE £6.65
Sliced Wiltshire ham with melted Cheddar cheese

PLEASE SEE OUR FRIDGE FOR A SELECTION OF SANDWICHES & PASTRIES

Allergies: There is a small possibility that nut traces may be found in any menu item. We advise you to speak to a member of staff if you have any food allergies or intolerances.

MAIN MENU

Served from 11am

GRILLED BURGERS

CLASSIC £6.25
Grilled 4oz beef burger served with mayonnaise, chilli relish, tomato slices, baby gem leaves and fresh red onion with skin-on fries Add matured Cheddar cheese £1.00

GRILLED BACON ^{AND} MATURED CHEDDAR £7.50
Grilled 4oz beef burger served with mayonnaise, chilli relish, tomato slices, baby gem leaves, fresh red onion, grilled bacon and matured Cheddar cheese with skin-on fries

MELTING EMMENTAL ^{AND} FLAT MUSHROOM £7.50
Grilled 4oz beef burger served with mayonnaise, chilli relish, tomato slices, baby gem leaves, fresh red onion, roasted flat mushroom and emmental cheese with skin-on fries

BBQ CHICKEN ^{AND} CHEESE £7.65
Crispy breaded chicken fillets smothered in BBQ sauce and melted cheddar cheese served with mayonnaise, chilli relish, sliced tomato, baby gem leaves and fresh red onion

SMALL PLATES

GARLIC CIABATTA BREAD £3.45

GARLIC CIABATTA ^{WITH} MELTED MOZZARELLA £3.95

BOWL OF SKIN ON FRIES ^{WITH} GARLIC MAYONNAISE £2.95

LOADED POTATO SKINS £5.45
Fully loaded crispy potato skins with your choice of either mushrooms & cheese or crispy bacon & cheese. Served with sour cream dip

HOT DELI WRAPS Add skin-on fries £1.95

Rolled in our 12" flour tortilla and grilled in our panini toaster

CHICKEN CAESAR WRAP £6.55
Fresh baby gem lettuce, plum tomato slices, drizzled with Caesar dressing, Italian hard cheese and chicken

BBQ CHICKEN WRAP £6.75
Roast chicken breast marinated with BBQ sauce, bacon, melting matured Cheddar and baby gem lettuce

CHICKEN, BACON ^{AND} AVOCADO £6.95
Strips of warm roast chicken, avocado, plum tomato, back bacon and baby gem lettuce spread with mayonnaise

AVOCADO, GOAT'S CHEESE, ROCKET ^{AND} BEETROOT £6.25
Fresh avocado, beetroot, grated carrot, mixed leaves and crumbled goat's cheese

SNACKS ^{AND} NIBBLES

SPICY CHILLI PUFFS £2.25

HAVAS FRITTAS £2.25
Spiced and salted, golden fried broad beans

PISTACHIOS £2.25

MIXED NUTS roasted and salted £2.25

REAL CRISPS in a variety of flavours £1.10

NACHOS £5.45
Tortilla chips, melting cheese, salsa, jalapeños and sour cream

WHITE WINE

MONTE VERDE SAUVIGNON BLANC ^{Chile} 125ml 175ml 250ml bottle
Crisp, zesty freshness 3.10 3.95 5.25 15.25

SAUVIGNON DEL VENETO COLLEZIONE MARCHESINI ^{Italy} 3.50 4.45 5.80 17.45
Light, crisp gooseberry style to this wine, made in the foothills of the area to the west of Soave

KLEINE ZALZE BUSH VINES CHENIN BLANC STELLENBOSCH ^{South Africa} 3.65 4.75 6.40 18.25
Soft and creamy with a hint of tropical fruit flavours on the finish

BERRI ESTATES UNOAKED CHARDONNAY ^{Australia} 3.65 4.75 6.40 18.25
Fresh and lemony with crisp, ripe acidity and good weight

PINOT GRIGIO MARCHESINI ^{Italy} 3.70 4.85 6.60 18.75
Soft & approachable with a touch of nuttiness on the finish

CHAMPAGNE

GRIFFITHS PARK, SPARKLING ROSÉ PINOT NOIR ^{Australia} 125ml half bottle bottle
Strawberries sprinkled with sugar and spice 4.25 - 19.95

PIPER-HEIDSIECK BRUT 8.25 £19.95 40.95
Young, lively fruit flavours and a fresh, vivid aroma characterise this attractive Champagne

ABV may vary according to vintage, please ask your server if you require more details