



# Frankie & Benny's

NEW YORK ITALIAN RESTAURANT & BAR

**Are you in a hurry?  
We can give you the bill when you  
order - simply ask your server**

## BREAKFAST

**Treat yourself to a glass of Bucks Fizz £3.95**

**Traditional Breakfast £7.15**

A rasher of bacon, sausage, free range fried egg, grilled tomato, sautéed mushrooms and Frankie's herb potatoes.

**New England Breakfast £9.05**

Two rashers of bacon, two sausages, two free range fried eggs, baked beans, grilled tomato, sautéed mushrooms and Frankie's herb potatoes.

**Bacon & Eggs £5.75**

Two rashers of bacon with two free range fried eggs, served with toast and butter or Flora.

**Bacon, Eggs & Tomato 340 kcal  £5.85**

Two rashers of bacon with two free range scrambled eggs and a grilled tomato.

**The American Breakfast £9.45**

Two fried or scrambled eggs, buttermilk pancakes and maple syrup, bacon, sausage, grilled tomato, seasoned diced potatoes and a fresh fruit garnish.

**Scrambled Eggs on Toast 340 kcal   £5.35**

Two free range scrambled eggs served on one slice of unbuttered toast.

**Vegetarian Breakfast  £6.95**

Free range fried or scrambled eggs, grilled flat mushroom, French toast, grilled red and yellow peppers, grilled tomato and baked beans.

**Plain Omelette  £6.15**

Three free range egg omelette served with Frankie's herb potatoes and roast tomato.

**Frankie & Benny's Omelette with Bacon £7.15**



Three free range egg omelette served with two rashers of bacon, Frankie's herb potatoes and roast tomato.

**Full Works Bagel £5.95**

A toasted bagel topped with a free range fried egg, sautéed mushrooms, bacon and Monterey Jack cheese. **Add Frankie's herb potatoes £1.50**

**Frankie's Porridge 320 kcal   £3.25**

Served with either fresh banana and honey or red berry fruit compote.

**Knickerbocker Glory Breakfast 270 kcal   £4.95**


Benny's healthy option! Perfect as an early morning start, layers of fresh fruit, natural yoghurt, nut granola and red berry compote.

**Fresh Fruit Salad 100 kcal   £3.95**

A selection of regular and tropical fruit.

**Ham and Mozzarella Sandwich £6.95**

Frankie's hot toasted Italian style sandwich served with Frankie's herb potatoes.

**BLT - Bacon, Lettuce, Tomato and Mayonnaise  £6.95**

Frankie's hot toasted Italian style sandwich served with Frankie's herb potatoes.

**Scrambled Egg, Baby Spinach and Tomato Wrap £6.75**

A flour tortilla wrap served with Frankie's herb potatoes. **Add bacon £1.50**

### Why not add:

Freshly squeezed orange juice £2.80

Toast with butter £1.95

**Children's Breakfast £4.50** For under 10's.

Choose 4 items from: Free range fried egg, rasher of bacon, sausage, French toast, baked beans, grilled tomato or sautéed mushrooms.




### *Lighter Options*

All these dishes are not only utterly delicious but are 350 calories or less to give you a healthy start to your day. We really hope you enjoy them!

Calorie values are approximate based on a typical serving size. As all our dishes are hand-made to order there may be slight variations.



 These dishes are suitable for vegetarians, however we do not have a dedicated preparation or cooking area within our kitchen for vegetarian food.

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## PASTRIES & THINGS

Croissant with Butter	£2.05
Freshly Baked Danish Pastry	from £2.25
Ask your server for today's choice	
Almond Croissant	£2.25
Pain au Chocolat	£2.25
Pain aux Raisins	£2.25
Muffin	£2.00
Breakfast Cereals	£2.25
Served with fresh chilled milk. Choose from: Cornflakes, Alpen Muesli, Branflakes, Crunchy Nut Cornflakes, Coco Pops, Rice Crispies or Weetabix.	

## SIDE ORDERS

Toast with Butter	£1.95
Preserves	60p
Choice of preserves, honey or marmite	
Hash Browns	£1.50
Baked Beans	£1.00
Freshly Baked Breakfast Roll & Butter	£1.95
Pancakes with Maple Syrup	£3.95

## SOFT DRINKS

	glass	£2.55
	glass	£2.55
 Lemonade	glass	£2.55
 Orange	glass	£2.55
 in the classic glass profile bottle	330ml	£2.65
 in the classic glass profile bottle	330ml	£2.65
 bottle	330ml	£2.65
 bottle	330ml	£2.65
Still Water	330ml	£2.35
Sparkling Water	330ml	£2.35
Orange or Apple Juice	glass	£2.35
 100% pure sparkling apple juice		£2.60

Orange Juice from freshly squeezed oranges	280ml glass	£2.80
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## COFFEE

Filter Coffee	regular	£1.95	large	£2.45
Americano	regular	£2.25	large	£2.75
Cappuccino*	regular	£2.60	large	£2.95
Caffe Latte*	regular	£2.60	large	£2.95
Decaffeinated Coffee	regular	£2.25	large	£2.75
Hot Chocolate	regular	£2.75	large	£3.05
Espresso*	single	£1.95	double	£2.25
Pot of Tea				£1.95
Liqueur Coffee				£4.25

Ask your server for available options

\*also available decaffeinated

**ALLERGIES:** There is a small possibility that nut traces may be found in any menu item. We advise you to speak to a member of staff if you have any food allergies or intolerances.

We accept all major currencies, Visa, Mastercard, Maestro and American Express. Service not included. All prices inclusive of VAT.

Frankie and Benny's, TRG Concessions, 5-7 Marshalsea Road, London SE1 1EP  
email: concessions@trgple.com

Check us out at [www.frankieandbennys.com](http://www.frankieandbennys.com)

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