

White Wines

	125ml	175ml	250ml	Bottle
Kleine Zalze Bush Vines Chenin Blanc Stellanbosch, South Africa – Low yielding old bush vines produce this ripe, tropical fruit flavoured Chenin	£3.65	£4.75	£6.50	£18.75
Raimat Abadia Blanc de Guarda Costers del Segre Spain – An unusual but delicious blend of Chardonnay, Albariño and Sauvignon Blanc. Full-bodied with a ripe fruity palate and subtle oak	£3.95	£4.85	£6.85	£20.45
Veramonte Reserva Chardonnay, Casablanca Valley Chile – An elegant and complex Chardonnay with refreshing flavours of green apples and tropical fruit	£4.25	£5.05	£7.25	£21.45
Nobilio Southern Rivers Sauvignon Blanc, New Zealand – A fresh grassy-gooseberry Sauvignon Blanc from the East Coast region of the North Island	£4.45	£5.75	£7.75	£22.95
Pinot Grigio Collio Sant' Helena, Vigneti Fantinel Italy – A premium quality example of this famous grape which shows intense fruity aromas and flavours and a rich, structured palate	£4.75	£6.60	£8.50	£25.25
Sancerre Les Collinettes, Josph Mellot France – Stylish and crisp, with the classic blackcurrant leaves and gooseberry character of this well-known Loire wine from a top producer	£5.35	£7.05	£9.85	£28.25
Villa Maria Clifford Bay Reserve Sauvignon Blanc New Zealand – The ultimate Sauvignon Blanc, from premium vineyards in the Awatere Valley				£32.95
Chablis 1er Cru Vaillons, J.Moreau et Fils France – A popular premier Cru from the south-east facing vineyards of Vaillons which lie south-west of the town of Chablis				£34.95

Rosé Wines

	125ml	175ml	250ml	Bottle
Belvino Pinot Grigio Rosato di Pavia Italy – A delicate pink wine full of fresh summer fruit aromas and flavours, made using pink-skinned Pinot Grigio grapes	£4.10	£5.45	£7.75	£21.45
Sancerre Rosé Le Rabult, Joseph Mellot France – Made from Pinot Noir grapes, this delicate, dry, pink wine with a delicious aroma of fresh strawberries, is a real rarity				£27.75

Red Wines

	125ml	175ml	250ml	Bottle
Etchart Privado Malbec Cabernet Sauvignon, Australia – A blend of Malbec and Cabernet Sauvignon that exhibits strong blackcurrant and coffee aromas and flavours together with ripe, generous tannins on the finish	£3.75	£4.75	£6.75	£18.50
Raimat Abadia Tinto Crianza Costers del Segre Spain – A fantastic blend of Cabernet Sauvignon, Tempranillo and Merlot, aged in new oak casks	£3.95	£4.85	£6.85	£20.75
Barossa Valley Shiraz Australia – A spicy character and strong varietal flavour combine with well intergranted oak and soft tannins	£4.05	£5.25	£7.25	£20.75
Veramonte Reserva Merlot Casablanca Valley Chile – A rich, chocolatey Merlot with a lovely toasty edge to the typically smooth rounded finish	£4.45	£5.75	£7.75	£22.95
Kleine Zalze Barrel Mated Cabernet Sauvignon Stellanbosch, S A – Complex Cabernet made with grapes from 30 year old vines and aged for 12 months in French oak barrels	£4.30	£5.55	£7.60	£22.85
Château Lamothe-Cissac Cru Bourgeois Haut-Medoc, Bordeaux – An excellent château and traditional blend of Cabernet Sauvignon, Merlot and Petit Verdot	£4.95	£6.35	£8.75	£25.95
Fleurie Les Muriennes, Thorin Beaujolais France – Fleurie is known as the “Queen of Beaujolais.” Silky and smooth, this is a wine of exceptional fruit and delicacy				£33.50
Châteauneuf du Pape Cuvée Tradition Caves Saint-Pierre, France – A rich, southern Rhône red from the area's most prestigious appellation				£34.50
Barolo Il Bastione Italy – Arguably Italy's most celebrated red wine. Aged for 3 years in large oak barrels to reveal smooth tannins and concentrated fruit flavours				£39.95

A selection of beers, lagers and ciders is also available at the bar



Unwind and enjoy fabulous food and exceptional drinks. Please order at the bar, we will bring your food to you when it is ready.

If your experience has not lived up to your expectations please contact us immediately at V Bar 5-7 Marshalsea Road, London SE1 1EP or email us at concessions@trgplc.com. We accept all major credit cards and currencies. Our prices include VAT at the current rate.

All Day Brunch

We are proud that all of our eggs are free range

Full English Breakfast £8.15

free range scrambled eggs, bacon, pork & leek sausage, mushroom & tomato with toasted bloomer bread

Veggie Sunrise Brunch £7.95

free range scrambled eggs, manchego cheese, avocado, mushroom & tomato with toasted bloomer bread

Smoked Salmon & Free Range Scrambled Eggs £8.45

on toasted bloomer bread

Bacon or Pork & Leek Sausage Sandwich £4.75

on brown or white bloomer bread

Kedgerree £7.15

lightly curried rice, peas, free range eggs & smoked haddock

All Day Breakfast Burger £8.15

6oz beef burger topped with bacon, chopped free range egg, roasted tomato & relish
Add emmenthal cheese £1

Toasties & Wraps

Focaccia Toasties

Cheese & Tomato £7.45

manchego cheese, fresh & roasted tomato

Ham & Cheese £7.95

serrano ham & manchego cheese

Tuna* & Spring Onion Mayo £7.50

with emmenthal cheese & salsa

Hot Deli Wraps

Roasted Vegetable & Feta £7.75

with spinach & salsa

Oriental Duck £7.75

rice, hoi sin, cucumber, green onion & chilli

Chicken & Chorizo £7.95

crushed chickpeas, spinach, manchego cheese & salsa

Salad Bowls

Greek £7.45

cucumber, tomato, olives, red onion, parsley, mint, lemon & olive oil with feta cheese

Caesar £7.45

romaine, focaccia croutons & parmesan

Moroccan Roasted Vegetable £7.45

aubergine, courgette, butternut squash, red onions, peppers & chickpeas with baby spinach – yoghurt & harissa dressing

Sharing Platters

V Bar Cheese £11.40

gorgonzola, marinated feta & manchego, celery, apple, grapes & spiced fruit chutney with home baked herby focaccia

V Bar Vegetarian Deli £11.40

lemon couscous, roasted vegetables, houmous, marinated olives, crudités, minted beans & marinated feta with home baked herby focaccia

V Bar Mixed Deli £11.45

chorizo, moroccan chicken, roasted vegetables, houmous, serrano ham, marinated olives & manchego cheese with home baked herby focaccia

*we use pole & line caught tuna to ensure sustainability

There is a small possibility that nut traces may be found in any menu item, we advise that you speak to a member of staff if you have any food allergies or intolerances.
1oz = 28g uncooked weight. All weights approximate.

Tapas

Smoked Salmon £5.95

caperberries & lemon

Chicken Yakitori Skewers £6.15

sweet chilli cucumber, fresh mint & lime

Chipotle Meatballs £6.85

spiced tomato sauce & melted manchego – grilled flatbread

Frittata Espagnol £6.10

spanish omelette with roasted red pepper tapenade & melting manchego – salad garnish

Chorizo £5.75

served warm

Houmous £5.85

with toasted pinenuts and flat bread

Extra Flat Bread or Herby Focaccia £1.65

with balsamic dipping oil or butter

any 3 tapas dishes for £15

Bruschetta

Smoked Salmon £7.45

horseradish cream, rocket, smoked salmon, shallots, caperberries & lemon

Tomato & Gorgonzola £6.65

basil pesto, rocket, cherry tomatoes, red onion & fresh basil on focaccia

Moroccan Vegetable £6.55

roasted aubergine, courgette, butternut squash, red onions, peppers & chickpeas with houmous – yoghurt & harissa dressing on focaccia

Tuna* & White Bean £6.55

white beans, red onions, chilli, lemon, parsley & coriander on focaccia

Hot Stuff

Soup of the Day £4.95

with home baked herby focaccia

Singapore Veggie "Crunch" Noodle Bowl £8.05

egg noodles, mixed peppers, snap peas, baby corn, spring onion & carrots, roast peanuts, curry, lime, mint & coriander

Malaysian Chicken Noodle Bowl £8.45

egg noodles, sweet chilli, cucumber, spring onion, roast peanuts, curry, lime & coriander

Teriyaki Chicken & Prawn Noodle Bowl £9.20

soft soba noodles, sliced chicken breast, tiger prawns, shitake mushrooms, spring onions, sweet red peppers & coriander in a teriyaki flavoured broth

Chicken & Chorizo Enchiladas £8.25

roast vegetable rice, chicken & chorizo, wrapped in soft tortillas topped with melting cheese, salsa, sour cream & guacamole

Penne Pesto £8.05

penne pasta tubes with basil nut pesto, wilted spinach & grana padano italian hard cheese

Mediterranean Vegetable Risotto £8.05

rocket & parmesan

Thai Green Curry or Chicken Tikka Masala £10.25

served with condiments & warm flat bread

Moroccan Roast Chicken Couscous £9.65

roasted vegetables, chickpeas, pine nuts & currants

Cheese & Bacon Burger £8.65

6oz burger topped with bacon, cheese, lettuce, tomato, red onion, burger relish and mayo. Served with a salad garnish

Nibbles

Sea Salted Roasted Nuts £3.45

almonds, macademia, brazil & pecans with sea salt

Spiced Roasted Nuts £3.45

almonds, macademia, brazil & pecans with curry spices

Garlic & Cheese Focaccia £4.05

with balsamic & olive oil for dipping

Marinated Olives £3.75

caperberries, silverskin onions, cornichons, garlic, chilli & orange

Nachos £5.65

tortilla chips, mexican beans, melting cheese, salsa, jalapenos & sour cream

Coffee & Hot Drinks

Americano	£2.25	£2.50
Cappuccino	£2.50	£2.85
Latte	£2.50	£2.85
Mocha	£2.50	£2.95
Espresso	£2.10	£2.40
Espresso con panna	£2.10	£2.40
Macchiato	£2.10	£2.40
Caffe Ristretto	£2.10	
Hot Chocolate with Cream	£2.55	£3.05
Add Marshmallows	35p	
Selection of Teas, Fruit Teas & Infusions	£2.00	
Add a Shot of Syrup	60p	
Extra Shot	60p	
Soya Milk	60p	
Liqueur Coffees	£4.95	

Soft Drinks

Coke	£2.65
Diet Coke	£2.65
Schweppes Lemonade	£2.65
Orange Fanta	£2.65
Still Mineral Water	£2.25
Sparkling Mineral Water	£2.25
Appletiser	£2.85
Elderflower Pressé	£2.85
Red Bull	£2.95

Fresh Juices £3.95

Fresh Juices ask us about today's selection

Mango Tango mango, orange & pineapple

Pick Me Up grapefruit, orange & pineapple

Tropical Treason pineapple, mango & apple

Berry Berry Good orange & mixed berries

Well Well Well carrot, orange, grapefruit & pineapple

add fresh ginger to any drink for an extra boost...50p

Smoothies £3.95

Tropical Berry strawberries, pineapple, honey & yoghurt

Tutty Fruity all the fruits in our fresh fruit salad

Summer Berries mixed berries, apple, honey & yoghurt

Bananaberry mixed berries & apple

Mangonana mango, apple, banana & pineapple